

Parents - this is how you can help your children learn at home.

Establishing routines and expectations - try to do your activities at the same time every day. For example, wake up and have breakfast the same time as a regular school day, then start your learning. Go to bed at the same time you would if you were coming to school, that way, you'll be ready to be a great learner!

Find a space to work in - this could be at the dinner table or even better, a desk set up especially for learning.

Keep up to date with notes and messages from the school - keep checking the school website and any notes from Mr Zahra.

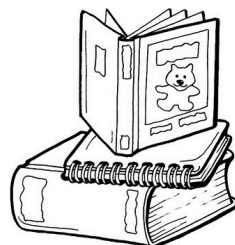
Try to spend time helping with learning activities - kids will find it hard to complete activities if they are sitting alone for too long. A smile and some encouragement goes a long way!

Keep children active! - don't forget to go outside and play, jump around and be active. You could even do a little yoga or dance around to your favourite music!

Talk to kids about how things look a little bit different - remind them that they are safe and they should try hard to keep learning.

Be careful about allowing too much time on devices or screens - children can waste a lot of valuable time if they are allowed free reign to surf the web.

Help students keep in contact with their friends - a phone call is a great way to have them chat about their learning and what they have been doing.



Students - this is what you should be doing a home!

Follow the routine that your teachers and parents/carers have set for you - please remember the adults are there to help you!

Complete your learning activities in the same place every day - keep your work area neat and tidy. Think about how your teacher would like you to work. If you would normally sit at a desk at school, then you should do that at home. If your teacher lets you sit on the floor to read a book, then you can sit on your bed or the couch to read too!

Help the adults keep up to date with news from the school - please keep checking the school website.

Do all your learning tasks to the best of your ability - be honest and do not copy and paste from the Internet. Try hard to put all writing into your own words. Don't expect the adults to do the work for you. Of course they can help you, and even correct your spelling, but they should not be expected to complete the activities for you.

If you are unsure what to do - ask! Ask your friends how they are completing the tasks. If you are still unsure, ask your teacher questions when he or she checks in with you.

Share your learning with your classmates - if you have completed a task and you are proud of your learning, then share how you did it with your classmates. Please be willing to help others if they don't know what to do. It's a good idea if you are on the phone already, to ask your friends if they are feeling OK. Remember to be a good friend!

Stay safe! Your teacher has taught you how to be safe online. Do exactly the same thing that you would do on a school computer. You know the rules - stick to them!

Depending on how old you are, this advice may change!