

L.I.: Food 食物

S.C.: - I can name three special characteristics of Chinese food.

- I can name the special characteristics of food from my chosen country.

Hope you have fun with this week's activities. Try to finish this by Thursday.

How is 中国食物 different from Western food? Remember the slides below?

 **Food in China** 

- Food in China varies from all the different regions.
- In the South, rice is common at most meals.
- In the North, dumplings and noodles is more common.



A typical place setting includes:
a rice bowl
chopsticks
Chinese porcelain soup spoon
plate which is placed under the bowl and serves as a bone/discard plate
smaller sauce dish for a dipping sauce
tea cup



A typical Chinese meal is normally composed of several “main dishes” . Normally, all dishes are set on the table at once and everybody helps him/herself to the selection. There is typically a couple meat dishes, chicken, beef or pork, a vegetable, fish or seafood, and a soup.



White rice is always at the core of the meal, and is the base for all the individual dishes being served.



Desserts are not common, a meal normally finishes with fresh fruit and in some special occasions with some other sweet like almond custard. Fortune Cookies are not really Chinese, they are an American invention, and you will not find them in China.

Cold drinks like sodas or juices are not served with a typical Chinese meal, although the practice is catching on specially in touristy areas and the bigger cities. Instead, Chinese enjoy a cup of tea or a variety of soups with their meals.

Now write 3 special characteristics of Chinese cuisine.

1. _____

2. _____

3. _____

Next pick the cuisine of a country and find out how it is different from Chinese cuisine. Ask your parents or grandparents where they are from and what is the food like there. You can also use Google or go to YouTube for ideas.

What is the country of your choice? _____


What is the staple food in that country? _____

Name a special dish in the country of your choice. _____

Do you eat the dish in a special way? How? _____

What are the ingredients in the dish? _____

Can you draw a picture of the dish or the ingredients below?

Thanks for trying and you deserve these  !