

Year 3 General Studies
Nords Gods of the Week

Monday - Mánadagr

Named after the god Mani, or Måne in Norwegian. It was considered very bold of his parents to name him after the moon, so he suffered a terrible fate: he had to pull the moon across the sky with his chariot for all his days.



Tuesday - Tysdagr

Tirsdag is the day of the Norse god Tyr, the son of Odin. Tyr was a warrior, the god of the sword, and for a long time, it was believed that Tuesday was the best day to start a war.



Wednesday - Óðinsdagr

The English word Wednesday is derived from Old English and means “Wodan's day.” The Germanic god Wodan is also known as Odin, the Norse all father of the gods.



Thursday – Thor’s Day

Thursday gets its English name after the hammer-wielding Norse god of thunder, strength and protection. The Roman god Jupiter, as well as being the king of gods, was the god of the sky and thunder. “Thursday” comes from Old English “þūnresdæg.”



Friday - Frigg or Freya’s Day

Friday is named after the wife of Odin. Some scholars say her name was Frigg; others say it was Freya; other scholars say Frigg and Freya were two separate goddesses. Whatever her name, she was often associated with Venus, the Roman goddess of love, beauty and fertility. “Friday” comes from Old English “Frīgedæg.”



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Questions

1. Friday is named after the wife of Odin, Freya. True / False
2. According to Nords mythology what day was the best day to start a war?

3. What was punishment given to Mani for his parents naming him after the moon?

4. Which Norse god wielded a hammer and was known for thunder, strength and protection?

5. Choose a Nords god and draw them below.

